



Female Therapy Menu CHQ

Full Facials:

We recommend that you avail of a facial every 6-8 weeks to achieve and maintain the results that you desire

NUE BLUE ERIU INTRODUCTORY FACIAL

Sourcing products world-wide

We source new products on an ongoing basis so we use this facial to introduce clients to new skincare ranges or techniques. We also include lymph drainage, back massage plus a hand or foot massage. Our Customer Service Team will assist you and let you know which ranges we feature.

1hr. 30min. Cost: €120

INSTITUT ESTHEDERM

Formulated and Patented in France (Paris)

Cellular Water	45min.	Cost: €50
Cellular First Experience	45min.	Cost: €63
Cellular Time Delay System Facial	1hr. 15min.	Cost: €130

REN

100% Natural; sourced from UK

Clean Aromatherapeutic Rose Facial	1hr. 30min.	Cost: €140
Clean F10 Enzymatic Facial	1hr. 30min.	Cost: €140
Clean Oxygen Mineral Facial	1hr. 30min.	Cost: €140

ISHI

100% Natural; sourced from Genoa, Italy

Vino Di Viso Facial	1hr. 20min.	Cost: €110
Truffle Facial		
<i>Refining, clarifying and soothing</i>	1hr. 30min.	Cost: €110
Collagen Facial	1hr. 20min.	Cost: €110

Luxury Facials

INSTITUT ESTHEDERM

Formulated and patented in France (Paris)

Luxury Cyclo-Repair Facial	1hr. 30min.	Cost: €147
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CHANTECAILLE

99.9% Botanical; sourced worldwide

Luxury Flower Facial using the Chantecaille botanical range of products, ideal for all skin types but very kind to delicate or sensitive skin.

1hr. Cost: €90

RODIAL SKINCARE

A facelift in a bottle! Designed to give you that red carpet look no matter what.

1hr. Cost: €130

Mini Facials

NUE BLUE ERIU INTRODUCTORY MINI FACIAL

Sourcing products world wide!

We want to give our clients an opportunity to avail of new product ranges and to test them before purchasing. This facial gives you an ideal opportunity. Our Customer Service Team will inform you of the range available and its features and benefits.

30 min. Cost: €30

INSTITUT ESTHEDERM INSTANT RADIANCE

Formulated and patented in France (Paris)

Mini Facial suited to your skin type	20 min.	Cost: €25
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REN

<i>100% natural; sourced from the UK</i>	30 min.	Cost: €45
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Specific Problem Facials

DR. MURAD

Formulated by Dr. Murad himself, based in Beverly Hills

Resurgence renewal Facial	1hr. 15min.	Cost: €110
AHA Rapid Exfoliator Facial	1hr. 15min.	Cost: €110
Vitamin C Infusion Facial	1hr. 15min.	Cost: €110
Clarifying Enzyme Facial	1hr. 15min.	Cost: €110
Redness Therapy	1hr. 15min.	Cost: €110
Eye Rescue Treatment	10min.	Cost: €30

M.D. SKINCARE

Formulated and developed by Dr. Denis Gross, Plastic Surgeon, Dermatologist, Skin Specialist based in NYC.

Introduction to this fabulous facial maintenance range. Your skin will look revived, younger and fresher instantly.

Alpha Beta Introductory Treatment		
<i>Improving density, texture and tone of the skin immediately</i>	30min.	Cost: €40
Alpha Beta Facial Delux Treatment	50min.	Cost: €90
MD Hydro Pure Treatment		
<i>Detoxifying and protective, your skin will look fresher, plumper and wrinkle free.</i>	50min.	Cost: €50

We offer 10% off your first 30 day home care set once you try an MD skincare facial. Speak to our Client Service Team at Nue Blue Eriu for further details.

Body Treatments

MESSAGE:

Time taken from your busy schedule to avail of a massage is time well spent both in terms of relaxation and good health. Stress, pressure and fatigue impact on the effectiveness of our immune system. Massage is incredibly good at combating the negative effects.

AROMATHERAPY FULL BODY MASSAGE:

<i>Using 100% organic oils from Red Flower (NYC); Alqvimia (Pyrenees); aromatherapy blends,made in-house</i>	1hr.	Cost: €70
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KNOTS LANDING:

Neck and Shoulder and Back massage.

<i>A great pick me up</i>	30min.	Cost: €45
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INDIAN HEAD MASSAGE:

This can be done with or without specific oils.

Indian Head Massage	30min.	Cost: €55
Indian Head Massage with Oils	30min.	Cost: €65

Pampering

RED FLOWER:

100% organic; sourced from New York and the rest of the world

Red Flower Japanese Body Ritual	1hr. 30min.	Cost: €120
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REN:

100% Natural; sourced from the UK

Ren Clean - Body Reviving/Repair	1hr.	Cost: €85
Nue Blue Eriu Pink Pamper Massage	1hr.	Cost: €80

Treatments

INSTITUT ESTHEDERM SPECIFIC BODY TREATMENTS

Patented and sourced in France (Paris)

Stressed/Tired skin	1hr.	Cost: €80
	Full course	Cost: €350
Skin that needs firming	1hr.	Cost: €80
	Full course	Cost: €350
Skin that needs Nurturing and well Nourishment	1hr.	Cost: €80
	Full course	Cost: €350

All treatments work on improving circulation and combatting cellulite deposits.

ISHI

100% Natural; sourced from Genoa, Italy

Cellulite Choco Treatment	1hr. 15min.	Cost: €85
Vino Anti-Ageing Treatment	1hr. 15min.	Cost: €85

DR. MURAD

Formulated by Dr. Murad himself based in Beverly Hills

Cellulite/Stretch Mark Management	40min.	Cost: €80
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NUE BLUE ERIU

Indian Head Massage and Ear Candling/Lymphatic Drainage

<i>A wonderful treatment for sinus; tension; stress and to improve the immune system</i>	1hr. 15min.	Cost: €89
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Tanning

At *Nue Blue Eriu*, we use bottled products to give a more natural tan that is long lasting and moisturising. Tanning treatments include exfoliation and moisturising as well as the product application. A *Fake Bake* tan should be applied 1-2 days before any event to allow the tan to settle and look its best. Your tan should last for 5-7 days and can be touched up at home with *Fake Bake* products available in our retail store.

Full Body	1hr. 15min.	Cost: €70
Half Body	30 min.	Cost: €35

Waxing

FUZZ CONTROL:

Bikini	10min.	Cost: €20
Brazilian	20min.	Cost: €51
Brazilian, full leg & underarms	1hr. 15min.	Cost: €97
Brazilian, half leg & underarm	1hr.	Cost: €85
Californian	20min.	Cost: €30
Eyebrow Shaping	10min.	Cost: €15
Full Leg	25min.	Cost: €38
Full leg & bikini	45min.	Cost: €44
Full leg, bikini & underarm	1hr.	Cost: €55
Half leg	20min.	Cost: €25
Half leg & bikini	30min.	Cost: €33
Half leg, bikini & underarm	30min.	Cost: €43
Hollywood	20min.	Cost: €51
Lip Wax	10min.	Cost: €13
Underarm	10min.	Cost: €15

Nail Nirvana

MANICURES:

Buff and Polish	15min.	Cost: €18
Celebrity French Polish	40min.	Cost: €25
Ladies First	1hr.	Cost: €45
Ladies First French Polish	1hr. 10min.	Cost: €55
Ladies on the Move	40min.	Cost: €35

PEDICURES:

Luxury Pause for your Paws	1hr. 15min.	Cost: €63
Luxury Pause for your Paws with French Polish	1hr. 15min.	Cost: €73
Mini Pedicure	30min.	Cost: €30
Mini Pedicure with French Polish	35min.	Cost: €40

Tinting and Making Up

TINTING:

Eyebrow Tint	15min.	Cost: €15
Eyelash & Eyebrow Tint	30min.	Cost: €33
Eyelash Tint	15min.	Cost: €20
Eyelash Tint & Eyebrow Shape	20min.	Cost: €30

MAKE UP:

Application - Eye Make Up	30min.	Cost: €35
Application - False Eye Lashes	15min.	Cost: €15
The Make Up Lesson	1hr. 30min.	Cost: €75

€45 redeemable against make up purchases

The Make Up Lesson - Make Over	1hr.	Cost: €50
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€35 redeemable against make up purchases

Booking and Customer Service:

NUE BLUE ERIU

CHQ Building, Custom House Quay, Docklands, Dublin 1.

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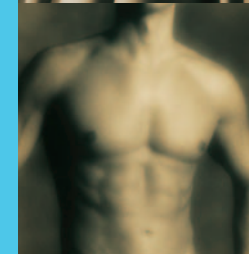
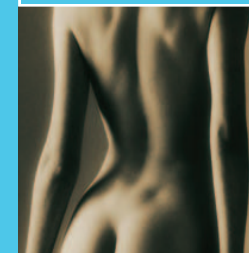
Opening Hours:

Monday to Friday	10.00am to 7.00pm
Saturday	10.am to 6.pm

New and Improved On line Booking available from December 2008



Shop online @
www.nueblueeriu.com



THE THERAPY MENU