



## Male Therapy Menu

### Mini Facials

#### INSTITUT ESTHEDERM

Patented and sourced in France (Paris)

Instant lift mini facial 20 min Cost: €25

#### LA PRAIRIE

Patented and sourced in Switzerland

Caviar Firming Mini Facial Treatment 45 min Cost: €90

#### M.D. SKINCARE

Formulated and developed by Dr. Denis Gross, Plastic Surgeon, Dermatologist, Skin Specialist based in NYC.

Introduction to this fabulous facial maintenance range. Your skin will look revived, younger and fresher instantly.

35 min Cost: €40

### Full Facial

#### ALQVIMIA

100% Organic; sourced from the Pyrenees

Regenerating Facial For Men 1hr. 30 min Cost: €100

#### LA PRAIRIE

Patented and sourced in Switzerland

Swiss Cellular de-ageing Treatment 1hr. 30 min. Cost: €160

Cellular Purifying Treatment 1 hr 30 min Cost: €160

Cellular Hydrating Treatment 1 hr 30 min Cost: €160

Cellular Resurfacing Treatment 1 hr 30 min Cost: €160

Caviar Firming Treatment 1hr. 30 min. Cost: €170

#### M.D. SKINCARE

Formulated and developed by Dr. Gross Plastic Surgeon, Dermatologist, Skin Specialist based in NYC.

MD Gentlemans Treatment

Fight ageing and combat men's unique skin care concerns with this targeted treatment. Soothes the effects of daily shaving by eliminating razor burn and ingrown hair. 35 min Cost: €40

We offer 10% off your first 30 day home care set once you try an MD skincare facial. Speak to your customer service team at Nue Blue Eriu for further details

### Body Treatments:

#### MASSAGE

Time taken from your busy schedule to avail of a massage is time well spent both in terms of relaxation and good health. Stress, pressure and fatigue impact the effectiveness of our immune system. Massage is incredibly good at combatting the negative effects.

#### AROMATHERAPY FULL BODY MASSAGE:

Using 100% organic oils from Red Flower (NYC); Alqvimia (Pyrenees); aromatherapy blends, made inhouse 1 hr Cost: €70

#### KNOTS LANDING:

Neck and Shoulder and Back massage.

A great pick me up 30 min Cost: €45

#### INDIAN HEAD MASSAGE:

This can be done with or

without specific oils. 30 min Cost: €55

#### NUE BLUE ERIU

Indian Head Massage and Ear Candling/Lymphatic Drainage 1hr 15 min Cost: €89

### All-Over Overhaul

#### THE GOD BOD

Specially formulated for you by the team at Nue Blue Eriu, this treatment allows you to put new life into the man in your life!

Top to toe grooming, massaging and pampering.

This treatment includes:

A facial suited to your skin type from M.D. Skincare or Institut Esthederm.

Eyebrow trim

A full back, shoulder and neck leg and arm massage

A full pedicure

Your hands and nails are sorted out to give you the polish and finishing touch to your treatment.

Fragrance/cologne consultation

2 hr Cost: €150

### Waxing

#### FUZZ CONTROL:

Back for Men	25 min	Cost: €40
Chest for Men	30 min	Cost: €45
Full leg for Men	30 min	Cost: €55
Full Arm for Men	15 min	Cost: €25
Full Body for Men	1 hr	Cost: €100
Eyebrow shaping for Men	10 min	Cost: €15

### Hard as Nails

#### MANICURES:

Executive Manicure for Men	45 min	Cost: €35
Quick Buff/Clip/Clear for Men	15 min	Cost: €18

#### PEDICURES:

Luxury Pause for your Paws for Men	1hr 15 min	Cost: €63
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### Booking and Customer Service

#### NUE BLUE ERIU,

7 South William Street, Dublin 2

T 01 672 5776 E reception.sws@nueblueeriu.com

#### Opening Hours:

Monday, Friday and Saturday:	10.00am to 6.00pm
Tuesday to Thursday	10.00am to 8.00pm

#### NUE BLUE ERIU,

CHQ Building, Custom House Quay, Docklands, Dublin 1.

T 01 - 6360180 E reception.chq@nueblueeriu.com

#### Opening Hours:

Monday to Friday	10.00am to 7.00pm
Saturday	10.am to 6.pm

New and Improved On line Booking available from December 2008

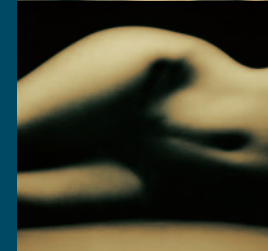
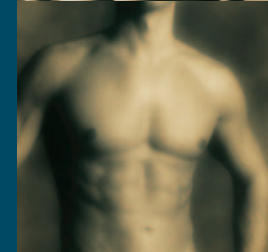
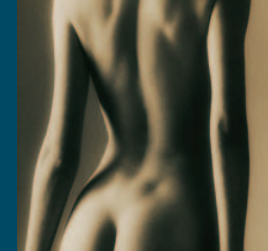


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THERAPY MENU